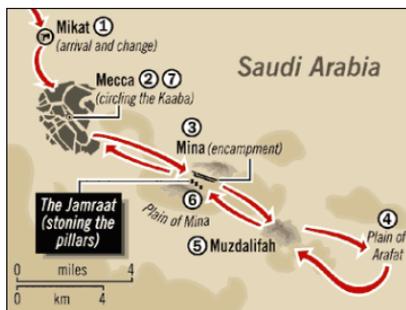


# THE NEW SIMPLE HAJJ GUIDE

Please refer to the "Simple 'Umrah Guide" first, as that will explain what is to be done on your arrival to Mecca for the performance of 'Umrah before Hajj.



## ★ 1. Day: 8th Dhul-Hijjah (Yawm At-Tarwiyah):

Put on your Ihraam in the morning as you did for 'Umrah and make the *Talbiyah* for Hajj by saying: **Labbaika Hajjah**. The menstruating woman who did not make 'Umrah remains in *Ihrām*, she takes a bath and makes the *Talbiyah* for Hajj. If one fears that he will not complete the 'Umrah or Hajj due to illness, he should say:

اللَّهُمَّ مَجِّلِي حَيْثُ حَبَسْتَنِي

### **Allāhumma mahillī haithu habastanī.**

(O Allāh, my place is wherever you prevent me.) Then you should say the *Talbiyah* of the Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) plentifully which is:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ  
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

### **Labbaik Allāhumma labbaik labbaika lā shareeka laka labbaik innal hamda wan ni'mata laka wal mulka lā shareeka lak.**

Now everyone should leave out to Minā before noon. Once in Minā pray *Dhuhr* and the rest of the Prayers at their correct times, shortening them but not combining.

★ 2. Day: 9th Dhul-Hijjah (The Day of 'Arafah): After sunrise, leave Minā and proceed to 'Arafah whilst reciting the *Talbiyah* aloud. Once in 'Arafah, pray the *Dhuhr* and *Asr* prayer in congregation, shortened to two *rak'ahs* and combined. Someone should make the *Adhān*, and before each Prayer, make the *Iqāmah*. You must stay in 'Arafah till the sun has set. Spend the day in supplication, raising your hands, seeking forgiveness and uttering all the while:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

### **Lā ilāha illallāh wahdahu lā shareeka lahu, lahul mulk wa lahul hamd, wa huwa 'alā kulli shay'in qadeer.**

★ 3. After sunset leave 'Arafah for Muzdalifah. Upon reaching Muzdalifah, pray *Maghrib* (3 *rak'ahs*) and *Ishā* (2 *rak'ahs*) in congregation. Someone calls one *Adhān*, and then the *Iqāmah* each prayers. Then sleep till *Fajr* and awake to pray at the earliest time. After *Fajr* prayer, supplicate to Allāh and make *Dhikr* until the sky is bright. It is allowed for the weak and women (with their carers) to depart from Muzdalifah after half of the night out of fear of the crushing crowds.

★ 4. 10th Dhul-Hijjah: 'Eid and the Day of Nahr (Sacrifice). Now set off to Minā (still reciting the *Talbiyah*). In Minā collect seven small stones, each one only slightly larger than a chick-pea, whilst heading towards the stoning of **Jamratul-'Aqabah**. It is the last of the Stoning Pillars and the one nearest to Mecca, and the only one stoned on this day. Once you have reached the Stoning Pillar, face it with Mecca to your left and Minā to your right, and stone it with the

seven stones uttering **Allāhu Akbar** with each throwing. Cease reciting the *Talbiyah* with the casting of the last stone. This stoning can be performed anytime during the day right up until the night if one finds difficulty in doing so earlier. Once you have stoned this Pillar everything becomes lawful again except sexual relations, even if you have not sacrificed or shortened/shaved your head. So you may wear normal clothes and use perfume (for men). **After the stoning, offer the sacrifice.** One sheep per person—or one cow or camel shared between seven. You can do this yourself or deputise someone else, such as your Hajj group leader. You have the leeway to sacrifice from this day until the last day of *Tashreeq*, the 13th Dhul-Hijjah. **Now shave all your hair or shorten it, even though it is better to shave for men. The women shorten only by a finger-joint after bunching it together.**

★ **5. Tawāf al-Ifādah and the Saī.** Now you head towards the Ka'bah and make Tawāf seven times just as you did for 'Umrah, but the man does not wear his *Ihrām* under the right shoulder, nor does he walk briskly in the first three circuits. Then pray two *rak'ahs* behind the Station of Ibrāhīm (عَلَيْهِ السَّلَام). Then perform Saī between Safā and Marwah hills as in 'Umrah. **Refer to the "Simple 'Umrah Guide" if you need to.** After this, everything becomes lawful to you, even sexual relations, as you are no longer in *Ihrām*. **The order of events of the 10th Dhul-Hijjah are as described above in the Sunnah. However, if you change the order, then that is permissible, for example performing the Saī before Tawāf, or shaving before sacrificing, etc.** The menstruating woman does all of these things except for the Tawāf—she delays this until she is pure, even if it is days later. If it she suffers another type of bleeding other than menstrual or post-natal blood, then she completes her Hajj rites as normal. Now you return to Minaa to spend the night there.

★ **6. Staying in Minā—10th to 13th Dhul-Hijjah: You should stone the three Pillars, each one with seven small stones on each day: 11th, 12th and 13th, after midday, just as you did with the Jamrat al-'Aqabah.** Those too weak or ill may appoint someone to carry out this stoning. So the appointed one stones each Pillar after having stoned it for himself. Begin with the first Jamrah, which is the nearest to Masjid al-Khayf in Minā, and after stoning it, move on and stand facing the Qiblah for a long time supplicating with your hands raised. Then proceed to the second Jamrah (Pillar) and stone it in the same way, then move to the left and stand for a long while facing the Qiblah, supplicating with your hands raised. Then walk to the third Pillar and it is Jamrat al-'Aqabah—stone it in the same way—standing so that the Ka'bah is to your left and Minā to the right, but do not stand to make du'ā afterwards. Repeat this stoning on the 12th and on the 13th, but stoning on the 13th is not obligatory. You may leave Minā after stoning on the 12th, but make sure that you start your exit from Minā before sunset on the 12th, if you delay your exiting Minā till after sunset, you must spend the night and stone on the 13th as you did the day before.

★ **7. The Farewell Tawāf (Al-Wadā'):** When you have finished the rites of Hajj and have decided to travel, then you are obligated to perform a farewell Tawāf of the Ka'bah with seven circuits. As for the woman who has performed the Tawāf al-Ifādah for Hajj and then starts menstruating after that, then she can leave Mecca without performing the Farewell Tawāf. With that, you have completed all the rites of Hajj—may Allāh accept it from you!

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Compiled by Abu Khadeejah 'Abdul-Wāhid for [Salafi Publications](http://SalafiPublications.com), 472 Coventry Rd, Birmingham, United Kingdom, B10 0UG | [SalafiSounds.com](http://SalafiSounds.com) | Twitter [@SalafiPubs](https://twitter.com/SalafiPubs)